

CHARITY REGISTRATION NUMBER: 1180382

**Independent Food Aid Network
Unaudited Financial Statements
31 December 2022**

Independent Food Aid Network

Financial Statements

Year ended 31 December 2022

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Independent Food Aid Network

Trustees' Annual Report

Year ended 31 December 2022

The partners present their report and the unaudited financial statements of the charity for the year ended 31 December 2022.

Reference and administrative details

Registered charity name	Independent Food Aid Network
Charity registration number	1180382
Principal office	71-75, Shelton Street London WC2H 9JQ

The partners

Dr K Garthwaite - Treasurer
Cllr K Akinola
Ms D Woods - Chair
Dr M Power
Mr R Makwana
Prof J May
Ms F Boshorin
Dr S Furey

Independent examiner	Nicola Jane Cadwallader For and On Behalf of David Cadwallader & Co Limited Suite 3 Bignell Park Barns Chesterton Bicester Oxon OX26 1TD
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Structure, governance and management

The charity was registered under its Governing document as a Charitable Incorporated Organisation with the Charity Commission on 19 October 2018 under Charity number 1180382.

The charity is governed by its Trustees.

Independent Food Aid Network

Trustees' Annual Report *(continued)*

Year ended 31 December 2022

Objectives and activities

The objects of the organisation are the prevention or relief of poverty in the United Kingdom by providing:

- grants, items and services to individuals in need and/or charities, or other organisations working to prevent or relieve poverty
- to prevent or relieve poverty through undertaking and supporting research into factors that contribute to poverty and the most appropriate ways to mitigate these

It achieves this by:

- providing a forum, promoting best practice and offering a collective voice for independent, grassroots food aid providers
- working with and promoting the voices of people in food insecurity
- providing opportunities for learning about the causes of food poverty
- improving provision to people in need of food
- conducting and promoting critical, open-access research relating to food poverty

Public Benefit Statement

In setting the objectives of the Charity and planning our activities, the trustees have paid due regard to the public benefit guidance published by the Charity Commission.

Independent Food Aid Network

Trustees' Annual Report *(continued)*

Year ended 31 December 2022

Achievements and performance

Throughout 2022, the Independent Food Aid Network (IFAN) continued to support and represent its membership while simultaneously advocating for an end to the need for charitable food aid in the UK. IFAN has continued to promote a cash first or income-focused approach to food insecurity despite the increasing need for its members' services since the cut to Universal Credit in October 2021 and the onset of the cost-of-living crisis.

IFAN has continued to support and represent member organisations in 2022 through:

- multiple member meetings and discussion forums including a well-attended AGM for members and partner stakeholders involved with the cash first referral leaflet project in February 2022
- the distribution of over £60,000 in small grants to members organisations
- running numerous surveys resulting in various reports on increasing demand and the capacity of member organisations to cope
- partnership work with members in co-developing cash first referral leaflets
- connecting members with journalists and facilitating the publication of written pieces by representatives of our member organisations
- the development of an updated briefing on the use of shopping vouchers
- the sharing of best practice on the use of vouchers instead of or alongside food parcels, general information on current developments, funding opportunities and advice
- the provision of information and resources for member organisations including nutritional guidelines for food parcels
- working with the Food Standards Agency (FSA) to feed into guidelines for frontline food aid organisations
- advocacy on behalf of members in terms of access to food and other resources

In 2022, IFAN advocated for a cash first approach to food insecurity in its efforts to reduce the need for charitable food aid and represent its member organisations through:

- advocating for all local authorities to provide adequate, well-promoted and easily accessible cash payments to people in financial crisis
 - advocating for systemic changes that would see social security payments and wages match the cost of living and the root causes of food insecurity and poverty addressed
 - co-developing, circulating and updating 'Worrying About Money?' cash first referral leaflets across multiple local authorities alongside local partners (By the end of 2022, leaflets had been published for over 100 local authorities and the resources were available as hard copies, interactive versions, posters, and easy read versions.)
 - advocating for and promoting advice services and any available local cash first support as the first ports of call for anyone facing money worries
 - supporting member organisations to use shopping cards or vouchers and/or cash grants instead of or alongside food parcels or other food support
 - support of the Citizens Advice Scotland food insecurity pilot linked to the Scottish Government's draft plan to end the need for food banks
 - the collation of data through surveys on increases in need for our members' services and food supply concerns (IFAN data has featured on the front page of The Guardian as well as on ITV News during 2022. An additional survey of IFAN members was run by BBC Moneybox alongside IFAN and resulting figures were featured in a Moneybox programme in July 2022.)
 - media output including quotes, interviews and comment pieces throughout the year in print and on radio and television (IFAN's Sabine Goodwin contributed opinion pieces to The BMJ, The Big Issue and Woman and Home.)
 - well-publicised letters to the Prime Minister
 - a template letter for MPs regularly updated and available on the IFAN website
 - a joint letter to the PM alongside the Trussell Trust and Feeding Britain in October 2022 (Delivered by Jen Coleman of Black Country Food Bank and Rajesh Makwana of Sufra)
 - joint letters with other anti-poverty organisations
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Independent Food Aid Network

Trustees' Annual Report *(continued)*

Year ended 31 December 2022

- the publication/sharing of IFAN's infographics
- involvement with various joint campaigns and alliances as well as steering and advisory groups including: the Scottish Government Ending the Need for Food Banks Steering Group in Scotland, the Advisory Group for Child Poverty Action Group's Ending the Need for Food Banks Project, the Advisory Group of JRF's Deep Poverty and Destitution Project, the Greater London Authority Food Aid Sub-Group, the Stop the Squeeze campaign, the Essentials Guarantee campaign, the Sustain alliance, the Scottish Food Coalition and the Carer Poverty Coalition
- contributions to various research projects
- involvement with the FILL (Food Insecurity monitoring at the Local Level) Consortium
- the joint publication of Pushed to the Edge: Poverty, Food Banks, and Mental Health alongside Tom Pollard and the Joseph Rowntree Foundation (JRF) with thanks to IFAN members the Earlsfield Foodbank and the Community Cupboard
- submissions to the Scottish Government consultation on its draft plan to end the need for food banks, the APPG on ending the need for food banks inquiry and the EFRA Committee Inquiry on Food Security
- oral evidence to the London Assembly Economy Committee and the EFRA Committee Inquiry on Food Security
- contributions at various events and within discussion forums on a cash first approach to food insecurity
- the joint Structural Inequalities webinar series and accompanying output run alongside Feeding Britain and the University of York

Staff and Trustees:

Throughout 2022, IFAN has employed its Director, Sabine Goodwin, as well as Project Manager, Maria Marshall, on a full-time basis. Ashleigh Comber was employed full-time as Finance/Project Officer from January to July 2022 and part-time from October to December 2022. Katie Wright worked as both part-time and full-time Project Officer from January to August 2022. In June 2022, IFAN employed Abby Preston as a Project Officer on a full-time basis and in August 2022, Emma Österberg was employed as Project Officer on a full-time basis.

No new trustees have joined the board however trustee Dr Maddy Power was on maternity leave until September 2022 but remained on the board as trustee. Deirdre Woods remained the Chair of Trustees.

Independent Food Aid Network

Trustees' Annual Report *(continued)*

Year ended 31 December 2022

Financial review

Major sources of income:

IFAN's major sources of income have been from:

- the Aurum Charitable Trust
- Scottish Government funding
- William Kessler Family Trust
- StepChange
- The Cara Delevingne Foundation
- The Dyers' Company
- and funding through donations from the general public

In addition, IFAN received unexpected funding through Paypal donations and the Paypal Giving Fund from an appeal run in the Autumn of 2022. Restricted funding from Cornwall Council of £2,835.84 for cash first referral leaflet and poster printing costs was carried over to 2023.

Total income for the year was £340,891 and total expenditure was £191,191, which resulted in a surplus of £149,700. This compares to a deficit of £16,144 at the end of the previous year. Funds held at 31 December 2022 were £236,678 of which £233,842 was unrestricted and £2,836 was restricted (At 31 December 2021 £82,250 were unrestricted and £4,728 was restricted, a total of £86,978).

Designated Funds

The Board of Trustees have designated £80,000 from the William Kessler Family Trust to fund IFAN's 'Worrying About Money?' cash first referral leaflet project in England. These funds will be spent over the course of 2023.

Reserves Policy

The Trustees have set a policy of holding 5 months operating costs in unrestricted funds to enable the charity to meet all of its liabilities should operations have to cease at some point in the future. Based on our annual operating budget, and taking into account our Designated Funds (£80k), current reserves at the end of 2022 were equivalent to approximately 6 months of unrestricted funds. The Board of Trustees considered this a prudent additional level of reserve above our agreed policy, given the challenging funding environment that currently exists for charities as well as the growing need for the organisation's advocacy and support of frontline organisations.

The trustees' annual report was approved on28.10.23..... and signed on behalf of the board of trustees by:



Dr K Garthwaite
Treasurer

Independent Food Aid Network

Independent Examiner's Report to the Partners of Independent Food Aid Network

Year ended 31 December 2022

I report to the partners on my examination of the financial statements of Independent Food Aid Network ('the charity') for the year ended 31 December 2022.

Responsibilities and basis of report

As the partners of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

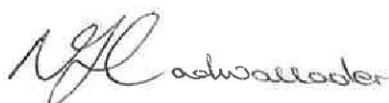
Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Nicola Jane Cadwallader
Independent Examiner

For and On Behalf of
David Cadwallader & Co Limited
Suite 3 Bignell Park Barns
Chesterton
Bicester Oxon
OX26 1TD

30 October 2023

Independent Food Aid Network

Statement of Financial Activities

Year ended 31 December 2022

		2022	2021		
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	4	268,317	72,574	340,891	210,779
Total income		<u>268,317</u>	<u>72,574</u>	<u>340,891</u>	<u>210,779</u>
Expenditure					
Expenditure on charitable activities	5,6	116,725	74,466	191,191	226,923
Total expenditure		<u>116,725</u>	<u>74,466</u>	<u>191,191</u>	<u>226,923</u>
Net income/(expenditure) and net movement in funds		<u>151,592</u>	<u>(1,892)</u>	<u>149,700</u>	<u>(16,144)</u>
Reconciliation of funds					
Total funds brought forward		82,250	4,728	86,978	103,122
Total funds carried forward		<u>233,842</u>	<u>2,836</u>	<u>236,678</u>	<u>86,978</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 9 to 16 form part of these financial statements.

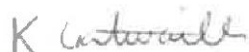
Independent Food Aid Network

Statement of Financial Position

31 December 2022

	Note	2022 £	2021 £
Current assets			
Cash at bank and in hand		242,617	91,146
Creditors: amounts falling due within one year	10	5,939	4,168
Net current assets		<u>236,678</u>	<u>86,978</u>
Total assets less current liabilities		<u>236,678</u>	<u>86,978</u>
Net assets		<u>236,678</u>	<u>86,978</u>
Funds of the charity			
Restricted funds		2,836	4,728
Unrestricted funds		<u>233,842</u>	<u>82,250</u>
Total charity funds	12	<u>236,678</u>	<u>86,978</u>

These financial statements were approved by the board of trustees and authorised for issue on 28.10.23, and are signed on behalf of the board by:



Dr K Garthwaite
Treasurer

The notes on pages 9 to 16 form part of these financial statements.

Independent Food Aid Network

Notes to the Financial Statements

Year ended 31 December 2022

1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is 71-75 Shelton Street, London, WC2H 9JQ.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the partners for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Independent Food Aid Network

Notes to the Financial Statements *(continued)*

Year ended 31 December 2022

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Independent Food Aid Network

Notes to the Financial Statements *(continued)*

Year ended 31 December 2022

3. Accounting policies *(continued)*

Financial instruments *(continued)*

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

Independent Food Aid Network

Notes to the Financial Statements *(continued)*

Year ended 31 December 2022

4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Donations			
Unrestricted grants and donations	260,317	–	260,317
Nourish Scotland	–	–	–
Dyers	8,000	–	8,000
Scottish Government	–	48,874	48,874
Parcel Data Project	–	–	–
Members Grants	–	–	–
Aurum Charitable Trust	–	20,000	20,000
Cornwall Council	–	3,700	3,700
	<u>268,317</u>	<u>72,574</u>	<u>340,891</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Donations			
Unrestricted grants and donations	119,359	10,250	129,609
Nourish Scotland	–	6,378	6,378
Dyers	6,000	–	6,000
Scottish Government	–	28,773	28,773
Parcel Data Project	–	19,525	19,525
Members Grants	494	–	494
Aurum Charitable Trust	–	20,000	20,000
Cornwall Council	–	–	–
	<u>125,853</u>	<u>84,926</u>	<u>210,779</u>

5. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Research, connect, support and advocacy	115,619	74,466	190,086
Support costs	1,106	–	1,105
	<u>116,725</u>	<u>74,466</u>	<u>191,191</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Research, connect, support and advocacy	101,595	124,235	225,830
Support costs	1,093	–	1,093
	<u>102,688</u>	<u>124,235</u>	<u>226,923</u>

Independent Food Aid Network

Notes to the Financial Statements *(continued)*

Year ended 31 December 2022

6. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2022 £	Total fund 2021 £
Research, connect, support and advocacy	190,086	–	190,086	225,830
Governance costs	–	1,105	1,105	1,093
	<u>190,086</u>	<u>1,105</u>	<u>191,191</u>	<u>226,923</u>

7. Independent examination fees

	2022 £	2021 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>1,104</u>	<u>910</u>

8. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2022 £	2021 £
Wages and salaries	116,328	43,515
Social security costs	7,283	4,338
Employer contributions to pension plans	1,553	860
	<u>125,164</u>	<u>48,713</u>

The average head count of employees during the year was 4 (2021: 4).

No employee received employee benefits of more than £60,000 during the year (2021: Nil).

9. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

10. Creditors: amounts falling due within one year

	2022 £	2021 £
Accruals and deferred income	1,104	1,092
Social security and other taxes	4,217	2,779
Other creditors	618	297
	<u>5,939</u>	<u>4,168</u>

Independent Food Aid Network

Notes to the Financial Statements *(continued)*

Year ended 31 December 2022

11. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £2,338 (2021: £1,553).

12. Analysis of charitable funds

Unrestricted funds

	At 1 January 20 22 £	Income £	Expenditure £	Transfers £	At 31 December r 2022 £
General funds	<u>82,250</u>	<u>268,317</u>	<u>(116,725)</u>	<u>—</u>	<u>233,842</u>

	At 1 January 20 21 £	Income £	Expenditure £	Transfers £	At 31 December 2021 £
General funds	<u>59,902</u>	<u>125,853</u>	<u>(102,688)</u>	<u>(817)</u>	<u>82,250</u>

Independent Food Aid Network

Notes to the Financial Statements *(continued)*

Year ended 31 December 2022

12. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 January 20 22	Income £	Expenditure £	Transfers £	At 31 December 2022 £
Nourish Scotland	(1)	1	–	–	–
IFAN core costs	–	–	–	–	–
University of York	–	–	–	–	–
Lottery Funding	–	–	–	–	–
Parcel data project	–	–	–	–	–
Scottish Government	4,729	48,873	(53,602)	–	–
Albert Hunt Trust	–	–	–	–	–
Aurum Charitable Trust	–	20,000	(20,000)	–	–
Cornwall Council	–	3,700	(864)	–	2,836
	<u>4,728</u>	<u>72,574</u>	<u>(74,466)</u>	<u>–</u>	<u>2,836</u>

	At 1 January 20 21	Income £	Expenditure £	Transfers £	At 31 December 2021 £
Nourish Scotland	441	6,378	(6,820)	–	(1)
IFAN core costs	3,769	–	(3,769)	–	–
University of York	1,516	–	(1,516)	–	–
Lottery Funding	20,604	–	(21,421)	817	–
Parcel data project	16,890	19,525	(36,415)	–	–
Scottish Government	–	28,773	(24,044)	–	4,729
Albert Hunt Trust	–	10,250	(10,250)	–	–
Aurum Charitable Trust	–	20,000	(20,000)	–	–
Cornwall Council	–	–	–	–	–
	<u>43,220</u>	<u>84,926</u>	<u>(124,235)</u>	<u>817</u>	<u>4,728</u>

13. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Current assets	239,781	2,836	242,617
Creditors less than 1 year	(5,939)	–	(5,939)
Net assets	<u>233,842</u>	<u>2,836</u>	<u>236,678</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Current assets	86,419	4,727	91,146
Creditors less than 1 year	(4,168)	–	(4,168)
Net assets	<u>82,251</u>	<u>4,727</u>	<u>86,978</u>

Independent Food Aid Network

Notes to the Financial Statements *(continued)*

Year ended 31 December 2022

14. Related parties

There were no related party transactions which require disclosure under FRS102.